

## CLINICAL THERAPIST JOB DESCRIPTION

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**Position Overview:** Clinical therapist will provide outpatient individual and group therapy to patients of Tabula Rasa Psychology, PLLC. Clinical therapy services include treatment of children, adolescents, adults, couples and families. We are currently looking for a postdoctoral fellow or Licensed Psychological Associate (independently licensed or under supervision) who work with adults of any gender identity, who are anti-racist, social justice minded, and ready to be a part of a dynamic, fun, and collaborative team. If you want to be part of a work family, apply!

**About Tabula Rasa Psychology:** Here at Tabula Rasa Psychology, we believe in creating the best atmosphere for our patients and employees and giving back to our community. Our mission is to help members of our communities reconnect with the things that are truly important and **thrive**, both in their own lives and in their relationships. We strive to make wellness a down to earth practice. Our vision is to eliminate mental health stigma by creating awareness of, appreciation for, and acceptance of mental health self-care. We are a fun, dynamic, and collaborative team who values working collaboratively and helping improve the health and wellness of our communities.

**Our Values:** Tabula Rasa Psychology lives by values that guide who we are as a team and how we present to our communities. We hire staff who bring these values to life.

Creating strong relationships: Building strong, meaningful relationships is a basic need for all of us. We value building relationships within our community and helping our patients do the same. It's also a hallmark of our business to promote strong, lasting bonds within our team and to work collaboratively both in the office and out in the community.

Serving the community: Part of our mission is to contribute to promoting wellness within the community through community involvement, speaking engagements, and financial contributions. Our biggest contribution is accepting Medicaid as an insurance carrier. We know many practices are cash pay, but we at Tabula Rasa Psychology believe in showing up for our patients who are already budgeting mental health care through insurance coverage or through Medicaid coverage. We treat each patient with utmost dignity and provide excellent care regardless of financial status. It is our goal to reach more people and provide psychoeducational services to students, teachers + administration, and businesses through regular outreach in the community.

Invest in quality: We're committed to providing the best atmosphere for our patients and our team. Our commitment is seen in our beautiful workspace for our employees and a comforting space for our patients and in offering the extra touches like coffee + tea stations, fun music, a collaborative environment for our team, and wrap around services for our clients. We promote continued education for our clinicians by encouraging further training and work to facilitate this learning as financially feasible. We also work to provide full service care by working inside of a birth center with the hopes to further assist in the birthing and healing process of those patients utilizing the birth center facility.

Promoting inclusion: We promote hiring clinicians of varying backgrounds, beliefs, and specialties to better serve the diverse and unique experience of our clients. It's also important that our office promotes a foundation of diversity, equity, and inclusivity in its culture and practice. We show up for the queerdos, marginalized community, and are working overtime to help reduce the perinatal mortality rate that is unreasonably high in the largest medical community in the world.

**Reports to:** Dr. Blythe TwoSisters, PsyD/Licensed Psychologist/Owner

**Duties/Responsibilities:**

- Perform on-site clinical counseling services to patients of Tabula Rasa Psychology, as scheduled, and in accordance with company policies.
- Regular and reliable attendance and timely arrival to work is required.
- Be properly licensed and abide by all laws, rules, regulations, and codes of ethics that are binding upon or applicable to the services performed for Tabula Rasa Psychology.
- Respond to patients' requests for service or calls within 24 hours whether such requests are made in person, by phone, voicemail, etc. or through the Tabula Rasa Psychology website. Respond to such requests by meeting, evaluating, and providing services to such patients.
- Communicate with a patient's treatment team (i.e., PCP, psychiatrist, school, etc.) as necessary.
- Timely complete written records for each patient including, but not limited to: intake notes, progress notes, treatment plans, termination notes, contract notes, and other forms or documents which may be needed or required from time-to-time by Tabula Rasa Psychology or third parties in conjunction with the treatment of the patient within a timely fashion (by Friday of each week). Keep patient files accurate and up to date.
- Provide informed consent to patients by notifying them of our processes to collect payments for services provided consistent with the policy and rate for such services as established by Tabula Rasa Psychology.
- Attend mandatory staff meetings and training as directed by Tabula Rasa Psychology.
- Attend supervision meetings as scheduled.
- Conduct and regulate counseling services in a professional manner so as to maintain and increase the good will and reputation of Tabula Rasa Psychology. Be respectful of and cooperative and collaborative with co-workers of Tabula Rasa Psychology, North Houston Birth Center, and Preggers Can Be Choosers.
- Passion for working with others (being collaborative) and helping our team members grow and learn.
- Other duties as may be assigned.

**Qualifications and Skills:**

- Align with Tabula Rasa Psychology mission, vision, and values.
- Speak both English and Spanish highly preferred.
- Must be punctual in reporting to work.
- Master's Degree or Doctoral Degree in counseling or social work; and

- Active, restricted license (PhD, PsyD, LPA) or unrestricted license (PhD, PsyD, LPA, LCSW, LMFT or LCPC) in the State of Texas. A copy must be provided to Tabula Rasa Psychology.
- Be organized and detail oriented.
- Be a team player.
- Be able to work independently on tasks assigned with confidence in asking for help when necessary.
- Have strong written and verbal communication skills and strong interpersonal skills.
- Prior experience in a private practice setting highly preferred.
- It is preferred to have at least one niche market for counseling services (i.e., children, teens, trauma, anxiety, grief, anger management, etc.), however we will focus on perinatal mental health and issues surrounding birthing persons adjusting to life after parenthood in this practice.
- Current approval as an in-network provider with insurance carriers (highly preferred).

**This position is not right for you if you're:**

- Someone just looking for a job to clock in and out of.
- Someone who doesn't feel passion for our mission, vision and values.
- Someone who's not a team player or prefers not to work collaboratively.
- Someone who wants to own their own business in the near future. If that's you, awesome! But we're not the place for you. We dedicate a lot of time to our teams, and provide the flexibility, autonomy and space to allow each member of our team to get creative in their role. The ideal person is invested in time and energy in Tabula Rasa Psychology. It would be our dream if we loved each other enough to stay in practice after you become fully licensed.
- Someone who doesn't like to hop in and help others get their work done - we highly value teamwork.

**This position is perfect for you if you're:**

- Aligned with Tabula Rasa Psychology's mission, vision, and values.
- Energized by helping others in a team and contributing to the growth of Tabula Rasa Psychology.
- Social justice oriented and practice anti-racism work.
- Creative, engaged in doing good work, and excited by furthering our mission to making wellness a down-to-earth practice.
- Able to take direct and constructive feedback and run with it.

**Application instructions:**

For consideration, please apply at <https://drblythetwosisters.com/work-with-me/>